

BLUE

Paula-Pace Mentor	8:00-9:00 min/miles		
Tess Wipfli	Beaverton	00:23:26.50	07:48 /mi
Marilu Semph	Portland	00:24:17.49	08:06 /mi

GREEN

Season Ponce-Pace Mentor	9:00-10:00 min/miles		
Dawn Weaver	Portland	00:27:06.06	09:01 /mi
Eleonora De Re	HILLSBORO	00:27:08.96	09:03 /mi
Jody Alar	tigard	00:27:15.66	09:05 /mi
Lynne Bayles	Beaverton	00:27:43.28	09:14 /mi
Dana Isaak	Portland	00:28:31.30	09:30 /mi
Iesa vietzke	Portland	00:28:31.57	09:30 /mi
Pauline Steiner	portland	00:29:14.95	09:45 /mi
Roseann Southmayd	Vancouver	00:29:20.97	09:46 /mi

YELLOW

Kristin Beck-Pace Mentor	10:00-10:30 min/miles		
Jen Cho-Pace Mentor	10:30-11:00 min/miles		
Paula Sturman	PORTLAND	00:30:23.60	10:07 /mi
Mickey Heidt	Beaverton	00:30:29.12	10:09 /mi
Kymerley Lunsford	Beaverton	00:30:41.68	10:13 /mi
Johanna Muniz			10:30/mi
Traci McCann	PORTLAND	00:32:03.01	10:40 /mi
Sarah Andrich		00:32:08.49	10:42 /mi
Katrin Book	Beaverton	00:32:09.65	10:43 /mi
Toni Williams	Camas	00:32:15.47	10:45 /mi
Maria Shindler		00:32:27.81	10:49 /mi
Paris Wahlstrom	Aloha	00:32:36.87	10:52 /mi
Patricia Byrne	Beaverton	00:32:38.35	10:52 /mi

RED

Shay Graham-Pace Mentor	11:00-12:00 min/miles		
Erin Hoskins	OREGON CITY	00:33:38.61	11:12 /mi
Laura Bloom	Portland	00:33:40.70	11:13 /mi
Kayann Clark	GRESHAM	00:33:43.07	11:14 /mi
Paulette Krause	Oregon City	00:33:59.68	11:19 /mi
Larisa Ayzoukian	Tigard	00:34:29.44	11:30 /mi
Theresa Shantin	Wilsonville		11:34/mi
Kathryn Ewing	Hillsboro	00:35:18.29	11:46 /mi
Caitlin Morris	PORTLAND	00:35:58.51	11:59 /mi

PINK

Lori Telles-Pace Mentor	12:00-13:00 min/miles		
Jessica Liedtke	Vancouver	00:36:09.50	12:03 /mi
Khanthany Sitathamavong		00:37:30.35	12:30 /mi
Carolyn Haun	Sherwood	00:38:08.47	12:42 /mi
Shannon Thompson	Beaverton	00:38:30.57	12:50 /mi
Anne Mileham		00:39:25.14	13:08 /mi
Zella Cherchian	Tigard	00:39:28.00	13:09 /mi

PURPLE

Lynette Hawkins-Pace Mentor	14:00-15:00 min/miles		
Shelly Beckers-Pace Mentor	15:00+ min/miles		
Kimberly Sheridan	Keizer	00:42:04.70	14:01 /mi
Dianna Peterson	Ridgefield	00:43:00.65	14:20 /mi
Maryanne Stebbins	BEAVERTON	00:43:53.33	14:37 /mi
Pam Gates	Hillsboro	00:44:23.22	14:48 /mi
Joan Spada	Saint Paul	00:44:38.78	14:52 /mi
Mina Gaspeed	Tigard	00:44:41.63	14:54 /mi
kathleen preuss	Tigard	00:48:15.73	16:05 /mi
Sheryl Glenn	Donald	00:48:20.05	16:06 /mi
Anne Butler	Portland		18:00/mi
Anne Bailey	TBD		
Britt Oase	TBD		
Jaclyn Serell	TBD		