

Winter 5K Predict 2019
Predict Time Age Group 21119

Male 14 and Under

<u>Pos.</u>	<u>Name</u>	<u>Bib No</u>	<u>Gnd / Age</u>	<u>Actual Time</u>	<u>Actual Pace</u>	<u>Predicted Pace</u>	<u>Difference</u>	
1	Travis Alig	6515	M 9	38:10.2	12:17	12:09	0:08	+
2	Freddy Lorenzo	6749	M 10	30:48.9	9:55	12:00	2:05	-
3	Joey Beaty	6546	M 11	54:38.0	17:35	14:29	3:06	+
4	zareh gonzalevo	6762	M 10	25:24.2	8:11	11:30	3:19	-
5	Ben Beaty	6545	M 9	52:36.9	16:56	12:52	4:04	+

Male 15 to 19

<u>Pos.</u>	<u>Name</u>	<u>Bib No</u>	<u>Gnd / Age</u>	<u>Actual Time</u>	<u>Actual Pace</u>	<u>Predicted Pace</u>	<u>Difference</u>	
1	Spencer Waechtler	6736	M 17	19:43.9	6:21	06:30	0:09	-

Male 20 to 24

<u>Pos.</u>	<u>Name</u>	<u>Bib No</u>	<u>Gnd / Age</u>	<u>Actual Time</u>	<u>Actual Pace</u>	<u>Predicted Pace</u>	<u>Difference</u>	
1	Jacob Lyda	6699	M 24	25:03.3	8:04	08:30	0:26	-
2	Ammon Hardy	6706	M 24	26:46.1	8:37	10:00	1:23	-

Male 25 to 29

<u>Pos.</u>	<u>Name</u>	<u>Bib No</u>	<u>Gnd / Age</u>	<u>Actual Time</u>	<u>Actual Pace</u>	<u>Predicted Pace</u>	<u>Difference</u>	
1	Charles Wood	6318	M 29	19:33.3	6:18	06:20	0:02	-
2	Ian Burns	6300	M 28	18:47.3	6:03	06:00	0:03	-
3	Ethan Alton	6321	M 26	34:50.6	11:13	10:57	0:16	+
4	Brandin Riehle	6606	M 25	22:44.2	7:19	08:02	0:43	-

Male 30 to 34

<u>Pos.</u>	<u>Name</u>	<u>Bib No</u>	<u>Gnd / Age</u>	<u>Actual Time</u>	<u>Actual Pace</u>	<u>Predicted Pace</u>	<u>Difference</u>	
1	robert mccooy	6761	M 34	20:37.1	6:38	06:36	0:02	-
2	Fionan O'Reilly	6754	M 30	18:13.7	5:52	05:38	0:14	-
3	Collin Soderberg-Chase	6721	M 32	21:24.8	6:53	07:15	0:22	-
4	Dino Perry	6503	M 31	25:43.2	8:17	09:00	0:43	-
5	Bhanu Patibandla	6494	M 32	28:52.6	9:17	11:35	2:18	-

Male 35 to 39

<u>Pos.</u>	<u>Name</u>	<u>Bib No</u>	<u>Gnd / Age</u>	<u>Actual Time</u>	<u>Actual Pace</u>	<u>Predicted Pace</u>	<u>Difference</u>	
1	Victor Thekkedom	6654	M 36	18:37.7	6:00	05:50	0:10	-
2	Daniel Schreiner	6549	M 36	19:36.2	6:19	18:40	12:21	-

Male 40 to 44

<u>Pos.</u>	<u>Name</u>	<u>Bib No</u>	<u>Gnd / Age</u>	<u>Actual Time</u>	<u>Actual Pace</u>	<u>Predicted Pace</u>	<u>Difference</u>	
1	Patrick Fear	6663	M 44	21:46.0	7:00	07:00	0:00	-
2	Jonathan Johansen	6173	M 44	25:58.0	8:21	08:23	0:02	-
3	Mark Buckner	6622	M 44	22:46.3	7:20	07:15	0:05	-
4	Ryan Debruhl	6502	M 40	25:43.2	8:17	08:22	0:05	-
5	Matthew Wilkinson	6571	M 44	17:20.3	5:35	05:28	0:07	-
6	Karl Dettwyler	6656	M 43	32:24.6	10:26	10:33	0:07	+
7	Brian Mckenzie	6495	M 40	24:36.4	7:55	08:04	0:09	-
8	Deri Bash	6551	M 44	19:50.6	6:23	06:13	0:10	-
9	Toto Vo	6619	M 44	20:53.6	6:43	06:26	0:17	-

Winter 5K Predict 2019
Predict Time Age Group 21119

Male 40 to 44

<u>Pos.</u>	<u>Name</u>	<u>Bib No</u>	<u>Gnd / Age</u>	<u>Actual Time</u>	<u>Actual Pace</u>	<u>Predicted Pace</u>	<u>Difference</u>	
10	Brian Davies	6646	M 44	23:46.1	7:39	07:15	0:24	-
11	mike ali	6471	M 40	32:07.1	10:20	09:49	0:31	+
12	Adam O'Connor Rodriguez	6460	M 41	33:39.3	10:50	10:11	0:39	+
13	Robin Clapp	6501	M 40	37:20.9	12:01	12:52	0:51	+
14	Robert Wendover	6496	M 41	37:21.5	12:01	09:49	2:12	+

Male 45 to 49

<u>Pos.</u>	<u>Name</u>	<u>Bib No</u>	<u>Gnd / Age</u>	<u>Actual Time</u>	<u>Actual Pace</u>	<u>Predicted Pace</u>	<u>Difference</u>	
1	Darrin Belcher	6621	M 47	23:18.6	7:30	07:30	0:00	-
2	Scott McCormack	6554	M 49	26:08.1	8:25	08:25	0:00	-
3	Chris Farmer	6615	M 49	31:23.2	10:06	10:00	0:06	+
4	Rick Barr	6334	M 48	26:34.8	8:33	08:22	0:11	-
5	Jamey McDonald	6771	M 48	23:03.8	7:25	08:10	0:45	-
6	Alex Freddi	6584	M 48	30:48.2	9:55	12:00	2:05	-

Male 50 to 54

<u>Pos.</u>	<u>Name</u>	<u>Bib No</u>	<u>Gnd / Age</u>	<u>Actual Time</u>	<u>Actual Pace</u>	<u>Predicted Pace</u>	<u>Difference</u>	
1	Christopher Bates	6732	M 54	23:54.6	7:42	07:43	0:01	-
2	Isaac Campbell	6704	M 51	20:28.9	6:35	06:40	0:05	-
3	Paul Schramm	6294	M 54	22:06.8	7:07	07:01	0:06	-
4	Greg Osborne	6653	M 51	23:23.4	7:32	07:18	0:14	-
5	DuWayne Olson	6713	M 51	23:11.0	7:28	07:13	0:15	-
6	Farrell Richartz	6531	M 54	30:09.8	9:42	09:15	0:27	-
7	Aaron Morrow	6306	M 52	46:04.3	14:50	15:27	0:37	-
8	Emil Kulla	6289	M 53	23:39.1	7:37	08:30	0:53	-

Male 55 to 59

<u>Pos.</u>	<u>Name</u>	<u>Bib No</u>	<u>Gnd / Age</u>	<u>Actual Time</u>	<u>Actual Pace</u>	<u>Predicted Pace</u>	<u>Difference</u>	
1	andrew hall	6177	M 56	42:03.4	13:32	13:26	0:06	+
2	Ronald Westlake	6751	M 55	22:43.7	7:19	07:01	0:18	-

Male 60 to 64

<u>Pos.</u>	<u>Name</u>	<u>Bib No</u>	<u>Gnd / Age</u>	<u>Actual Time</u>	<u>Actual Pace</u>	<u>Predicted Pace</u>	<u>Difference</u>	
1	Michael Heinrich	6574	M 61	25:55.1	8:21	08:21	0:00	-

Male 70 to 74

<u>Pos.</u>	<u>Name</u>	<u>Bib No</u>	<u>Gnd / Age</u>	<u>Actual Time</u>	<u>Actual Pace</u>	<u>Predicted Pace</u>	<u>Difference</u>	
1	Hollis McMilan	6536	M 74	43:14.7	13:55	14:19	0:24	-

Male 75 and Over

<u>Pos.</u>	<u>Name</u>	<u>Bib No</u>	<u>Gnd / Age</u>	<u>Actual Time</u>	<u>Actual Pace</u>	<u>Predicted Pace</u>	<u>Difference</u>	
1	Calvin Laske	6712	M 77	34:00.0	10:57	11:00	0:03	-

Female 14 and Under

<u>Pos.</u>	<u>Name</u>	<u>Bib No</u>	<u>Gnd / Age</u>	<u>Actual Time</u>	<u>Actual Pace</u>	<u>Predicted Pace</u>	<u>Difference</u>	
1	Amelia Campbell	6703	F 12	19:42.5	6:20	06:20	0:00	-

Winter 5K Predict 2019
Predict Time Age Group 21119

Female 15 to 19

<u>Pos.</u>	<u>Name</u>	<u>Bib No</u>	<u>Gnd / Age</u>	<u>Actual Time</u>	<u>Actual Pace</u>	<u>Predicted Pace</u>	<u>Difference</u>
1	Cristin Brethower	6611	F 16	24:19.3	7:50	07:52	0:02 -

Female 20 to 24

<u>Pos.</u>	<u>Name</u>	<u>Bib No</u>	<u>Gnd / Age</u>	<u>Actual Time</u>	<u>Actual Pace</u>	<u>Predicted Pace</u>	<u>Difference</u>
1	Jaime Wright	6579	F 24	23:02.6	7:25	07:34	0:09 -
2	Jessica Bonnett	6700	F 24	25:05.7	8:04	08:30	0:26 -
3	Katie Lyda	6701	F 21	28:59.2	9:20	10:00	0:40 -

Female 25 to 29

<u>Pos.</u>	<u>Name</u>	<u>Bib No</u>	<u>Gnd / Age</u>	<u>Actual Time</u>	<u>Actual Pace</u>	<u>Predicted Pace</u>	<u>Difference</u>
1	Hayley Ney	6716	F 27	19:13.0	6:11	06:09	0:02 -
2	Zoe Klingmann	6679	F 25	22:27.0	7:14	07:10	0:04 -
3	Lacey Mesia	6672	F 29	25:19.5	8:09	08:42	0:33 -
4	Maia Hardy	6705	F 25	26:54.1	8:39	10:00	1:21 -
5	Ashley Doke	6666	F 29	44:48.0	14:25	10:30	3:55 +
6	Tess Wood	6319	F 27	25:12.0	8:07	13:50	5:43 -

Female 30 to 34

<u>Pos.</u>	<u>Name</u>	<u>Bib No</u>	<u>Gnd / Age</u>	<u>Actual Time</u>	<u>Actual Pace</u>	<u>Predicted Pace</u>	<u>Difference</u>
1	Caitlyn Cleary	6726	F 34	45:23.3	14:36	14:30	0:06 +
2	Anna Kelly	6667	F 31	35:39.9	11:28	11:35	0:07 +
3	Eleonora De Re	6488	F 34	25:55.1	8:21	08:45	0:24 -
4	sarah walsh	6755	F 30	26:23.4	8:30	09:39	1:09 -
5	Jenne Steineckert	6572	F 34	28:25.1	9:09	10:30	1:21 -

Female 35 to 39

<u>Pos.</u>	<u>Name</u>	<u>Bib No</u>	<u>Gnd / Age</u>	<u>Actual Time</u>	<u>Actual Pace</u>	<u>Predicted Pace</u>	<u>Difference</u>
1	Michelle Taylor	6678	F 38	31:04.8	10:00	09:57	0:03 +
2	Alexandria Holcomb	6640	F 39	37:55.1	12:12	12:15	0:03 +
3	Kelli Kapp	6647	F 38	28:31.1	9:11	09:15	0:04 -
4	Erin Walsh	6309	F 39	30:10.2	9:43	09:39	0:04 -
5	Allison Holden	6612	F 36	20:45.4	6:41	06:30	0:11 -
6	Jean Iain	6582	F 35	26:38.7	8:34	08:45	0:11 -
7	Erica Harris	6628	F 39	30:17.9	9:45	09:33	0:12 -
8	Joy Root	6170	F 39	31:45.7	10:13	10:31	0:18 +
9	Sarah Pearce	6639	F 37	28:44.8	9:15	09:37	0:22 -
10	Lisette Barajas	6176	F 36	28:16.9	9:06	08:37	0:29 -
11	Jacoba Lawson	6461	F 36	29:29.7	9:29	08:55	0:34 -
12	Erin Roberts	6696	F 37	35:01.3	11:16	11:55	0:39 +
13	Emma Dettwyler	6657	F 36	41:15.0	13:17	12:28	0:49 +
14	Shani Rivers-Jose	6339	F 37	32:16.6	10:23	12:10	1:47 -

Female 40 to 44

<u>Pos.</u>	<u>Name</u>	<u>Bib No</u>	<u>Gnd / Age</u>	<u>Actual Time</u>	<u>Actual Pace</u>	<u>Predicted Pace</u>	<u>Difference</u>
1	Kelly Barten	6573	F 40	45:23.6	14:36	14:37	0:01 +
2	Maggie Smith	6315	F 41	24:48.5	7:59	07:53	0:06 -

Winter 5K Predict 2019
Predict Time Age Group 21119

Female 40 to 44

<u>Pos.</u>	<u>Name</u>	<u>Bib No</u>	<u>Gnd / Age</u>	<u>Actual Time</u>	<u>Actual Pace</u>	<u>Predicted Pace</u>	<u>Difference</u>	
3	Anna Alig	6514	F 42	38:09.1	12:17	12:09	0:08	+
4	Anna Czuk	6661	F 44	22:54.0	7:22	07:07	0:15	-
5	Manda Bednarczyk	6469	F 44	34:11.6	11:00	10:37	0:23	+
6	Nichole Castaneda	6316	F 44	33:13.9	10:41	10:15	0:26	+
7	Rachel Ford	6521	F 41	21:28.1	6:55	07:30	0:35	-
8	Kelly Hillyer	6489	F 44	35:49.7	11:32	12:15	0:43	-
9	Nicole Mueller	6303	F 41	33:13.6	10:41	14:10	3:29	-

Female 45 to 49

<u>Pos.</u>	<u>Name</u>	<u>Bib No</u>	<u>Gnd / Age</u>	<u>Actual Time</u>	<u>Actual Pace</u>	<u>Predicted Pace</u>	<u>Difference</u>	
1	Janis McDonald	6506	F 48	33:24.2	10:45	10:44	0:01	+
2	Rachel Meidinger	6445	F 47	30:26.2	9:48	09:50	0:02	-
3	Jovita Sandoval	6557	F 45	35:20.9	11:22	11:25	0:03	+
4	Esther Barnard	6169	F 49	24:32.5	7:54	08:00	0:06	-
5	Jennie Hasson	6708	F 46	34:04.1	10:58	10:51	0:07	+
6	Tracy Sepulveda	6298	F 47	23:00.5	7:24	07:15	0:09	-
7	Jan Darden	6482	F 49	32:52.1	10:35	10:22	0:13	+
8	Kirsten Anders-Wilson	6480	F 45	35:40.2	11:29	11:00	0:29	+
9	Trisha Swanson	6447	F 48	28:22.8	9:08	09:42	0:34	-
10	Susan Pitchford	6504	F 47	54:37.6	17:35	14:29	3:06	+

Female 50 to 54

<u>Pos.</u>	<u>Name</u>	<u>Bib No</u>	<u>Gnd / Age</u>	<u>Actual Time</u>	<u>Actual Pace</u>	<u>Predicted Pace</u>	<u>Difference</u>	
1	Kristin Beck	6344	F 53	30:43.3	9:53	09:50	0:03	-
2	Paula Harkin	6692	F 53	24:28.0	7:53	07:58	0:05	-
3	Kim Albert	6538	F 54	30:43.5	9:53	09:40	0:13	-
4	Lisa Morrow	6304	F 50	28:51.7	9:17	09:00	0:17	-
5	Hillary Smith	6530	F 52	27:30.1	8:51	09:15	0:24	-
6	Pam Gates	6526	F 52	44:27.4	14:18	15:00	0:42	-
7	Gail Cutsforth	6731	F 50	34:49.0	11:12	10:15	0:57	+

Female 55 to 59

<u>Pos.</u>	<u>Name</u>	<u>Bib No</u>	<u>Gnd / Age</u>	<u>Actual Time</u>	<u>Actual Pace</u>	<u>Predicted Pace</u>	<u>Difference</u>	
1	Denise Lacy	6478	F 56	29:50.6	9:36	09:30	0:06	-
2	Ellen Schramm	6197	F 56	35:02.9	11:17	11:09	0:08	+
3	Maria Oldham	6449	F 56	30:07.2	9:42	09:56	0:14	-
4	Carolyn Haun	6476	F 58	38:04.8	12:15	12:40	0:25	+
5	Kelly Hall	6178	F 55	37:15.7	11:59	12:45	0:46	-
6	Karen Dials	6535	F 58	44:27.1	14:18	15:30	1:12	-
7	Lynne Bayles	6529	F 55	28:43.0	9:15	11:00	1:45	-
8	Rene Moody	6174	F 56	41:59.1	13:31	16:25	2:54	-

Female 60 to 64

<u>Pos.</u>	<u>Name</u>	<u>Bib No</u>	<u>Gnd / Age</u>	<u>Actual Time</u>	<u>Actual Pace</u>	<u>Predicted Pace</u>	<u>Difference</u>	
1	Cindy Knowles	6652	F 63	36:33.1	11:46	10:00	1:46	+
2	Wanda Schmidt	6470	F 62	48:45.2	15:41	19:00	3:19	-

Race Date
February 09, 2019

Winter 5K Predict 2019
Predict Time Age Group 21119

Female 65 to 69

<u>Pos.</u>	<u>Name</u>	<u>Bib No</u>	<u>Gnd / Age</u>	<u>Actual Time</u>	<u>Actual Pace</u>	<u>Predicted Pace</u>	<u>Difference</u>	
1	Anne Mangan	6324	F 67	39:48.0	12:49	12:50	0:01	+
2	Jaki Schmunk	6624	F 65	39:59.9	12:52	13:28	0:36	-

Female 70 to 74

<u>Pos.</u>	<u>Name</u>	<u>Bib No</u>	<u>Gnd / Age</u>	<u>Actual Time</u>	<u>Actual Pace</u>	<u>Predicted Pace</u>	<u>Difference</u>	
1	Linda Warnock	6650	F 72	31:18.4	10:04	09:57	0:07	+